

# Missouri Department of **MENTAL HEALTH**

## **HOPE OPPORTUNITY COMMUNITY INCLUSION**

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**FISCAL YEAR 2020  
ANNUAL REPORT**

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## Mission

Prevention, Treatment, and Promotion of Public Understanding  
for Missourians with mental illnesses,  
developmental disabilities, and addictions.

## Vision

HOPE – OPPORTUNITY – COMMUNITY INCLUSION

Missourians receiving mental health services will have the opportunity  
to pursue their dreams and live their lives as  
valued members of their communities.

## Department Overview

State law provides three principal missions for the department:

- (1) Prevention of mental disorders, developmental disabilities, substance use disorders, and compulsive gambling;
- (2) Treatment, habilitation, and rehabilitation of Missourians who have those conditions; and
- (3) Improvement of public understanding and attitudes about mental disorders, developmental disabilities, and addictive disorders.

### Mental Health Commission

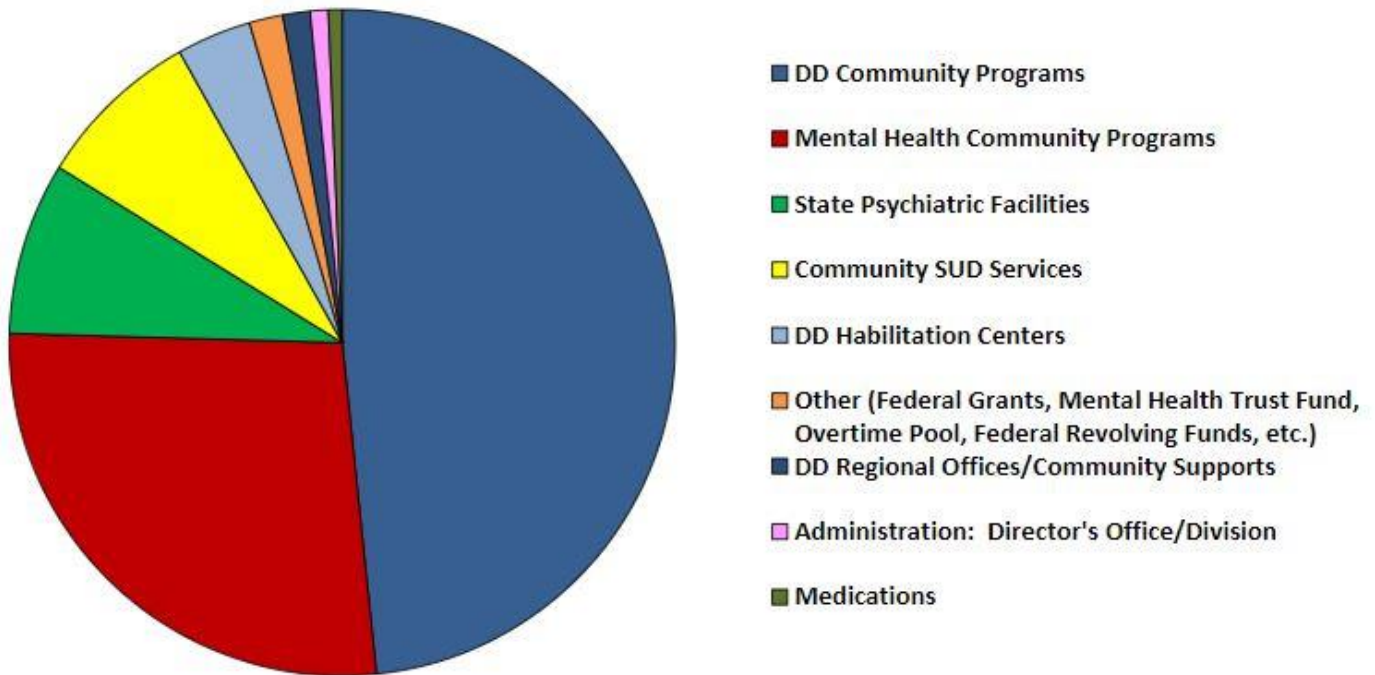
The Mental Health Commission, composed of seven members, appoints the director of the Department of Mental Health with confirmation of the State Senate. The Commissioners are appointed to four-year terms by the Governor, again with the confirmation of the Senate. Commissioners serve as principal policy advisers to the department director. The Commission, by law, must include individuals who represent Missourians with mental illness, developmental disabilities, and substance use disorders and who have expertise in general business matters.

The Department of Mental Health is comprised of three divisions that serve more than 170,000 Missourians annually: Division of Administrative Services, Division of Behavioral Health and Division of Developmental Disabilities.

### Fiscal Year 2020 DMH Budget by Program Category

Budget Category	Amount	% Total	FTE
DD Community Programs	\$1.206 billion	48.09%	25 FTE
Mental Health Community Programs	\$668 million	26.63%	32 FTE
State Psychiatric Facilities	\$206 million	8.22%	3,767 FTE
Community Substance Use Disorder Services	\$199 million	7.91%	29 FTE
DD Habilitation Centers	\$89 million	3.56%	2,456 FTE
Other: (Fed. Grants, MH Trust Fund, Overtime Pool, Fed. Revolving funds, etc.)	\$69 million	2.77%	10 FTE
DD Regional Offices/Community Support	\$33 million	1.31%	694 FTE
Administration-Dir. Office/ Divisions	\$21 million	0.85%	221 FTE
Medications	\$16 million	0.66%	0 FTE
<b>TOTALS</b>	<b>\$2.508 billion</b>	<b>100.0%</b>	<b>7,234 FTE</b>

### DMH FY 2020 BUDGET - ALL FUNDS



- DMH generates \$304 million per year in reimbursements from Medicaid, Medicare, disproportionate share (DSH) and other third party pay.
- Approximately 61% of all DMH GR funding is used as match for DMH services funded through the Medicaid program.

Several support units assist the department and division directors in implementing DMH's programs and services. They include:

1. Audit, Investigations, Deaf Services, Office of Constituent Services
2. Information Systems
3. Office of Public and Legislative Affairs (includes Disaster Services)
4. Human Resources
5. General Counsel (Regulations, Hearings and Appeals)

DMH makes services available through state-operated facilities and contracts with private organizations and individuals. The state-operated facilities include six adult psychiatric hospitals and one children's psychiatric facility. In addition, four habilitation centers, three community support agencies, one crisis community support agency, five regional offices and six satellite offices serve individuals with developmental disabilities. The department also purchases services from a variety of privately operated programs statewide through approximately 1,300 contracts.

## Division of Administrative Services

The Division of Administrative Services includes the following units:

1. **Accounting:** oversees and monitors all funds, manages expenditures, administers grant funds, and produces fiscal summaries, analyses and reports.
2. **Purchasing and General Services:** establishes and administers contracts with private agencies or individuals to provide services in the community and is also responsible for various General Services functions in central office.
3. **Budget and Finance:** develops and monitors the annual budget, oversees the legislative fiscal note process, provides expenditure oversight, analyzes and compiles financial and other related reports.
4. **Reimbursements:** collects payments from private insurance, Medicaid and Medicare, and private pay for department services and coordinates revenue maximization activities.
5. **Medicaid:** directs Medicaid issues for DMH. Responsibilities include assisting the program divisions in developing and implementing new Medicaid covered programs, interpreting and ensuring compliance with Medicaid state plans and federal regulations, and initiating and implementing revenue maximization strategies. The section also works closely with the Department of Social Services/MO HealthNet Division and Medicaid legal consultants.

## Division of Behavioral Health

The Division of Behavioral Health (DBH) manages programs and services for people who need help for mental illness or substance use disorders. Services available are evaluation, intervention, treatment, rehabilitation, recovery support, family and youth supports, prevention, education, and mental health promotion.

Most prevention, treatment and recovery services are provided by community programs that have contracts with the Division. These programs must meet federal and state requirements in order to provide mental health and substance use disorder services. The cost of services is based on an individual's ability to pay.

Those who have priority for mental health services are:

- People with serious mental illness,
- Individuals and families in crisis,
- People with mental illness who are homeless,
- Individuals committed for treatment by the court system, and
- Children with severe emotional disturbances.

For substance use disorder treatment, priority is given to:

- Pregnant women,
- Persons who inject drugs, and
- Specific referrals from other state agencies.

The Division and its contracted programs offer the above mentioned services to help people with mental illness and substance use disorders. These services help prevent crime and make communities safer, reduce emergency room visits, and prevent school dropout. Many people are able to keep their jobs or get help finding jobs when they receive services.

### Services for Substance Use Disorders Overview

Alcohol and drug misuse, tobacco use, and compulsive gambling affect more than two million Missourians. The Division funds prevention, treatment and recovery programs for substance use disorders. During the past year, programs funded by DBH provided treatment, intervention, and screening to nearly 59,750 people.

The DBH State Advisory Council makes recommendations regarding the types of services needed throughout Missouri. Council members are individuals in recovery; family members of individuals with substance use disorders; substance use disorder treatment and recovery professionals; and others with an interest in substance use disorder prevention, treatment and recovery. The Fiscal Year (FY) 20 operating budget for DBH substance use disorder treatment services was \$202,043,373. The appropriation for prevention and education was \$17,543,539.

All Missourians are eligible to receive prevention and substance use treatment services provided by DBH. A Standard Means Test is used to determine if people have the ability to pay for a portion of their treatment services. Additional information on substance use disorder [Treatment Services](#), [Prevention Services](#), and [Recovery Support Services](#) is available on the DMH website.

### Services for Mental Illness Overview

The Division is responsible for prevention, evaluation, treatment, and rehabilitation services for individuals and families qualifying for publicly funded mental health services. The Division provides services directly through its state-operated facilities and also contracts with 25 Administrative Agents' community programs. Fifteen Administrative Agents deliver community services as Certified Community Behavioral Health Organizations (CCBHOs). CCBHOs provide a full array of evidence-based services through a perspective payment system which has led to increased access and quality of care.

The Division also contracts for or funds community housing options, depending on individual needs. The FY 20 operating budget for mental illness services was \$896,059,140.

### State Operated Psychiatric Hospitals and Facilities

DBH operates six adult inpatient facilities and one children's psychiatric hospital. The children's psychiatric hospital provides acute and residential services to children and youth. Adult state-operated facilities provide inpatient and residential services to individuals committed by the criminal or probate courts. Adults who need immediate psychiatric hospitalization are generally referred to and served by their closest community hospital or local community mental health center. A listing of all the [State Operated Psychiatric Hospitals and Facilities](#) is on the DMH website. The adult facilities' combined appropriated budget for FY 20 was \$171,185,058, and the children's facility was \$9,906,755.

### Forensic Support Services

The Department, upon order of the circuit court, provides pretrial evaluations pursuant to Chapter 552, RSMo. The Department requires that evaluations be completed by certified forensic examiners who must hold doctorate degrees in medicine, osteopathy, or psychology and complete required supervision and training. Pretrial evaluations must be completed within the 60-day statutory timeline. Under Chapter 552, RSMo. DMH is mandated to monitor individuals in forensic status who have been acquitted as not guilty by reason of mental disease or defect and given conditional release to the community by circuit courts. Monitoring is provided by forensic case monitors under the auspices of the Director of Forensic Services. There are 11 forensic case monitors located across the state. Forensic case monitors must contact each forensic client at least monthly to monitor compliance with conditions of release and ensure public safety. The FY 20 budget for forensic support services was \$887,298 for monitoring of those committed to the department but who are on conditional release from an inpatient treatment setting. In FY 20, 420 forensic clients were monitored in the community.



### **Prevention and Mental Health Promotion**

The Division has several programs and initiatives focused on prevention and promotion of mental health. [Mental Health First Aid](#), [Suicide Prevention](#) and [Crisis Intervention Team \(CIT\)](#) are just a few. Additional information on prevention programs and initiatives can be found on the [DMH website](#).

### **Division of Developmental Disabilities**

The Division of Developmental Disabilities (DD) is committed to improving the quality of life for individuals with developmental disabilities and their families. Offering support across the lifespan, the Division implements a statewide system of supportive services that focus on assuring health and safety, supporting access to community participation, and increasing opportunities for meaningful employment.

DD provides services for individuals with developmental disabilities such as intellectual disabilities, cerebral palsy, Down syndrome, autism, and epilepsy. Such conditions must have occurred before age 22 and be considered lifelong in duration. Service eligibility also requires the disability to have serious impact on multiple areas of functioning.

More than 14,000 people in Missouri access person-centered supports through home and community-based service waiver settings to promote independent living. These settings might include someone living at home on their own, with family, with a roommate, or with someone who provides full-time care. Information and descriptions on the [Home and Community Based Waiver Programs and Services](#) can be found on the [DMH website](#).

Of the 40,097 people receiving services through the Division, approximately 39,813 live in the community. They may live with their family, with relatives who receive family support services, or in their own homes, either alone or with one or two others who receive Individualized Supported Living (ISL) services. Other types of community residential living arrangements include foster homes, group homes, residential care centers, and community-based Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IID). The Division receives in excess of \$1.2 billion for community programs (including Federal authority for Medicaid payments).

### **Regional and Satellite Offices**

Regional and Satellite Offices are the entry point into the service system. There are six principal sites supported by six satellite locations. Staffed by support coordinators and support personnel, the offices perform intake activities to determine if an individual is eligible for services.

When developing and implementing person centered plans for eligible persons, DD strives to meet an individual's needs in the most appropriate environment, typically in or near the individual's home. The Regional and Satellite Offices serve more than 39,000 people annually with a total budget of \$31.8 million.

A list of the Regional and Satellite Offices can be found on this webpage by clicking on the [Regional Offices](#) tab.

The Missouri Commission on Autism Spectrum Disorders was established within the Department of Mental Health in 2008. Learn more about the [Office of Autism Services and Missouri's Autism Projects](#) on the DMH website.

### **State Operated Services: Habilitation Centers**

The primary mission of the habilitation centers is to provide residential services, direct care support, and treatment services for people who cannot be supported in other residential settings in the community. Each resident of the habilitation center has an individual plan that identifies services and supports needed to live successfully in the habilitation center or to return to the community.

The four habilitation centers and Northwest and Southwest Community Services received approximately \$87 million in FY 20, and served 284 individuals on campus and 199 individuals in state-operated waiver community settings. A complete list can be found on the [DMH website under the State Operated Programs](#) tab.

## DMH COVID-19 Response

Due to the worldwide Coronavirus (abbreviated COVID-19) pandemic, DMH spent the majority of its time and resources in the second half of FY 20 keeping the staff and individuals entrusted to its care safe and healthy. In addition to communicating and following guidance from the Centers for Disease Control and Prevention (CDC) on frequent hand washing, wearing a mask or face covering, social distancing and routine cleaning and disinfecting of facilities and offices, DMH put many in other protective measures in place for the safety of our staff and consumers.

A comprehensive review and assessment of the Department's response and actions was completed prior to the end of FY 20, June 30. This document will continue to change and update into FY 21. The [After Action Review \(AAR\)](#) document can be found on the DMH website.

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The Department of Mental Health is an Equal Opportunity Employer; services provided on a nondiscriminatory basis.

All facilities listed below are in compliance with the applicable standards.

**NOTE: The Joint Commission (TJC) provides national accreditation by specialty for health organizations. The Centers for Medicare and Medicaid Services (CMS) certifies providers and facilities for participation in Medicare and Medicaid programs.**